



Prevention. Support. Action

Volunteering at the Anti-Violence Project

Thank you for your interest in volunteering with the Anti-Violence Project (AVP)! Here you will find a brief explanation of what volunteering will involve this year, given the current COVID-19 restrictions. At the end of this document you'll find the volunteering application form. Completed forms can be emailed to volunteer@antiviolenceproject.org. If there is another format you would prefer to submit your application in just let us know.

About the Anti-Violence Project

The Anti Violence Project provides sex-positive, anti-oppressive services that support, prevent and act against gender-based and sexualized violence. We offer services to people of all genders who have been impacted by violence and to communities on and off campus. We provide resources and information through our community library, promotional materials, outreach activities and free safer sex supplies. Our education and advocacy initiatives on campus and in the community include workshops as well as collaborative events and campaigns to raise awareness about gender-based and sexualized violence and to foster a culture of consent and care. Check out our website at antiviolenceproject.org to learn more about the work we do!

Notes on COVID-19 Precautions

We are committed to ensuring the safety of all our volunteers and respecting individuals boundaries and abilities! As of November 2020, the Anti-Violence Project is not offering in-person services and staff members and existing volunteers are working remotely. While staff hope to return to the office when the number of cases decreases, volunteer tasks will predominantly be completed remotely this year due to limits on the number of people allowed in the space at once.

What to Expect – A Quick Overview

Typically, once a year AVP collects applications from prospective volunteers and invites successful candidates to attend our 35-hour training program usually held in the spring. Our volunteers who have gone through this training then go on to participate in many aspects of AVP community engagement, which can include helping to run our peer-based support hours, facilitating our educational workshops on consent and supporting survivors, and assisting with outreach initiatives.

This year, due to Covid-19, volunteer training will look a little different! As we aren't able to safely get together for in-person training, we are moving online. Instead of the month-long



Prevention. Support. Action

intensive training, we are asking that prospective volunteers attend a set of online workshops over the fall semester and then to submit an application form (below).

Since we realize that committing to an extensive training program can be inaccessible for many reasons and because new volunteers this year will have received limited training (only approx. 7.5 hours rather than 35 hours), we are now accepting applications for *casual* volunteers for people who are excited to be involved in AVP. Training details at <https://www.antiviolenceproject.org/volunteers/>

Casual volunteer tasks/roles:

We're really excited to hear how you'd like to contribute to AVP so please feel free to share your ideas with us! Here are some of our ideas to give you a sense of some of the sorts of activities you can expect to be asked to help out with.

- Join our communications team and help create and share AVP social media content .
Some topic ideas for content include:
 - Grounding techniques
 - Supportive messaging for survivors
 - Promoting AVP's services
 - Sharing educational resources on dismantling various forms of oppression (i.e. racism, ableism, transantagonism, homoantagonism, etc.)
- Create content for the AVP blog (art, writing, videos, etc.)
- Help us with website tasks such as updating old links, resources and information
- Making zines, posters or other print or online resources
- Help staff with socially distanced tabling outreach on campus
- Distribute posters to promote services and events
- Help out with the technical side of our online workshops

Expectations for casual volunteers:

- Support AVP staff and other volunteers in carrying out the day-to-day operation of AVP
- Act in accordance with the values and mandate of AVP when representing AVPg on campus or online and when interacting with AVP staff, other volunteers, or clients.
- Communicate with the AVP Volunteer Organizer and Coordinators regarding volunteer shifts and tasks, including your availability.

Benefits:

- Contribute to building a culture of consent, care, and anti-oppression at UVic
- Expand your skills in collaboration, team building, and anti-oppression
- Develop transferable skills in social media, website, or print design
- Become part of a community of other anti-violence workers, advocates, and activists

1. How did you learn about the Anti-Violence Project (AVP)?
2. What is your personal understanding of what gender-based violence is?
3. Why do you think sexualized violence/assault happens?
4. What do you hope to gain, and what are your expectations from the experience of volunteering at the AVP?



Prevention. Support. Action

5. The Anti-Violence Project seeks to provide our services and programming in anti-oppressive ways, this includes prioritizing consent, accessibility, and inclusion in our interactions with each other as colleagues, with folks accessing our services, and others in our community. How will you practice these values as a volunteer in our space or when representing us in the community?

6. We're looking for folks who are committed to actively participating in the running of AVP, how many hours per week/month (approximate is fine) do you foresee yourself committing to volunteering? What times and days of the week would you be available to or wanting to volunteer?

7. Please select which of the following you have attended:
 - AVP Understanding Consent Culture workshop
 - AVP Supporting a Survivor workshop
 - GEM Gender Diversity workshop
 - AVI Substance Use, Criminalization, Harm Reduction, & Consent
 - This is Table Talk: Setting Boundaries in 2020



Prevention. Support. Action

8. What additional relevant training or experience do you have?

9. Do you anticipate applying for our 2021 volunteer training program this spring (if it can be offered in light of COVID-19)?

10. Is there anything else you'd like to tell us?